



2016 ANNUAL REPORT



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STATEMENT OF ACTIVITIES

Year Ended May 31st, 2016

Revenues and Other Support

Program Service Fees	\$ 851,281
Grants & Contracts	533,823
Contributions	1,457,637
Contributed Food Received	18,885,940
Interest	4,272
Other	6,009
Net Assets Released from Restrictions	296

Total Revenues and Other Support \$ 21,739,258

Expenses

Foodbank Operations	\$ 1,817,394
Contributed Food Distributed	18,753,100
Administrative & Fundraising	503,020
Depreciation	136,479

Total Expenses \$21,209,993

Change in Unrestricted Net Assets	\$ 529,265
Change in Temporarily Restricted Net Assets	(296)
Change in Net Assets	528,969

Net Assets at Beginning of Year 6,063,551

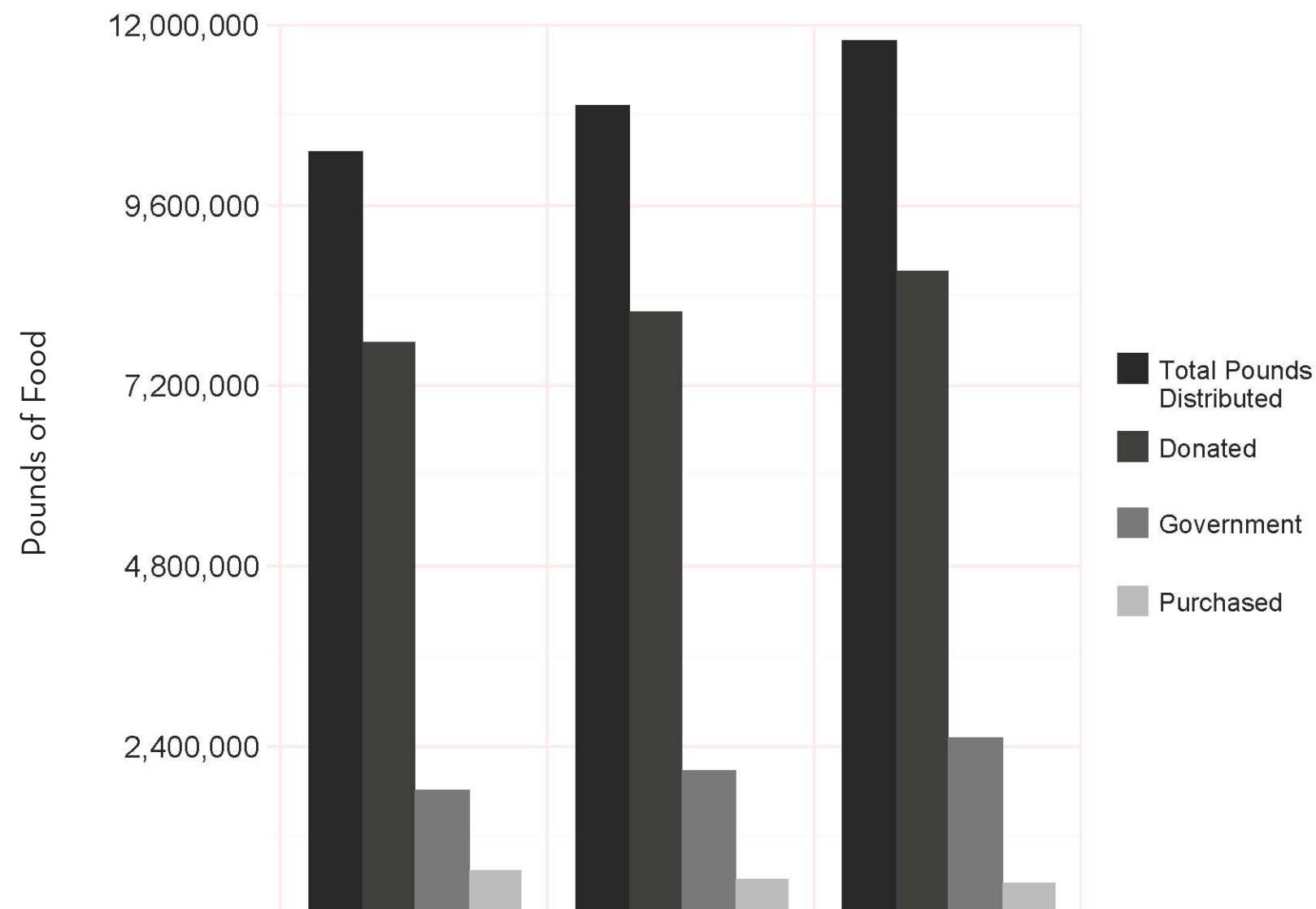
Net Assets at End of Year 6,592,520



97% of every dollar goes directly to feed the hungry.

3% goes to administrative and fundraising costs.

FOOD DISTRIBUTION MIX IN POUNDS



Charity Navigator awarded Central Illinois Foodbank its 7th consecutive 4-star rating, the highest rating they bestow on the charities they monitor. Charity Navigator is America's premier independent charity evaluator. Charity Navigator uses an unbiased, objective, numbers-based rating system to assess the financial health of America's best known and largest charities.

OUR MISSION

To collect donated food and grocery items from growers, manufacturers, processors, wholesalers and retailers for distribution to charitable agencies serving people in need.



OFF THE SHELF

SPRING 2017 NEWSLETTER & ANNUAL REPORT

Foodbank Receives Mobile Kitchen Cart

Central Illinois Foodbank received an early Christmas gift this holiday season. In October, Sysco Central Illinois donated a mobile kitchen cart to the Foodbank to help further its healthy foods initiative. The cart will be used to teach adults and children how to prepare and cook the food they are receiving at the Foodbank's mobile pantries.

"Feeding hungry people is our responsibility; in order to change their lives we must teach them how to feed themselves," said Sysco of Central Illinois, CEO, Robbie Robert.

The mobile kitchen cart has already made a few stops, including our last two healthy food distributions at SIU Center for Family Medicine and the Illinois State Fairgrounds, which served a total of over 1,800 people. The cart also made a stop at the Matheny kids' mobile in November, allowing kids to learn valuable kitchen skills as well.

"It is amazing to see people utilizing the kitchen cart and learning new skills, especially the children," said Central Illinois Foodbank, Executive Director, Pam Molitoris. "Kids have so much fun exploring in the kitchen, it really just brings a smile to your face to see a child learning something new."



Connie Bussard and Jashawn Gregory sprinkle cinnamon on apples.

The mobile cart comes equipped with a cook top and convection oven to heat the food, as well as a working sink that can be used without hooking up to a water source. Pans, bowls, knives and other cooking utensils were also packaged with the mobile kitchen. Special plastic safety knives are provided for the kids to use.

Thanks to the Foodbank's partnerships with local dieticians and the Copper Pot Cooking Studio, five delicious dishes have been served up. So far, homemade applesauce, apple crisp, potatoes, salad, and pork and apple meatballs have been made during our food distributions.



Nevaeh Woods and Vontreal King use the mobile kitchen cart to make applesauce.

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centralilfoodbank.org





DIRECTOR'S DISH

by Pam Molitoris
Executive Director



There's an old Chinese proverb that you are all probably familiar with, it reads: "Give a man a fish and you feed him for a day; teach a man to fish and you feed him for a lifetime." While we are in the business of feeding people, I also feel like we can do so much more than just hand out food. I have often dreamed of having a space and the resources to hold cooking classes, to give people skills that they can use their entire lives. We can now do that with the addition of the mobile kitchen cart.

The healthy food distributions are just the start of what we can accomplish with the mobile kitchen cart. I see us taking it to more mobile pantries and reaching those in our rural areas, who have a hard time accessing healthy foods. I envision furthering partnerships with our area dieticians and health centers to teach more food prep and cooking classes to help people better use the fresh produce they are receiving. These are just a few of the ways we anticipate using the mobile kitchen cart to help those in need better utilize the food they are receiving.

As we begin a new year, I'm not one for resolutions, but I am one to set goals. My goal this year is to change just one person's life by providing them with healthier foods that they can prepare. I truly believe by passing on the skills of prepping and preparing food, to even just one person, it can make a huge difference not only in their lives, but in how we serve people in the future.

Pam Molitoris

Foodbank Teams up with Illinois Department of Agriculture for Mobile

Central Illinois Foodbank held a healthy foods distribution on December 14th thanks to the help of the Illinois Department of Agriculture and other community partners. The winter months make it difficult to hold mobile pantries because cold temperatures prohibit the use of the outside space needed to hold such a large distribution, so the Department of Agriculture stepped up and donated the use of the Illinois Building on the Illinois State Fairgrounds.

While the Department of Agriculture donated the space, the healthy foods were purchased through two generous grants. The first is the 2100 Fund and the Hanson Family Fund of the Community Foundation for the Land of Lincoln, which was a grant specifically to help fund the healthy foods distributions like this one. The second grant that was used for the healthy food distribution was from Ameren Illinois, which awarded the Foodbank \$2,500 in September.

Governor Rauner, as well as, the Lt. Governor and the Illinois Department of Agriculture Director were on hand to help distribute the food.



Lt. Governor Evelyn Sanguinetti, Governor Bruce Rauner, volunteer Amy Hagen, and Dept. of Agriculture Director Raymond Poe hand out oranges at the healthy foods distribution on December 14th.

RECENT NEWS

2016 Sponsors

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The 18th Annual Harvest Ball raised over \$98,000 for Central Illinois Foodbank. The evening featured music by the Sangamon Valley Youth Symphony. The Shanahan Family was presented the Good Samaritan Award for their continued dedication to fighting hunger in central Illinois.

We greatly appreciate the sponsorships for this event, both old and new.

Spotlight on Hunger

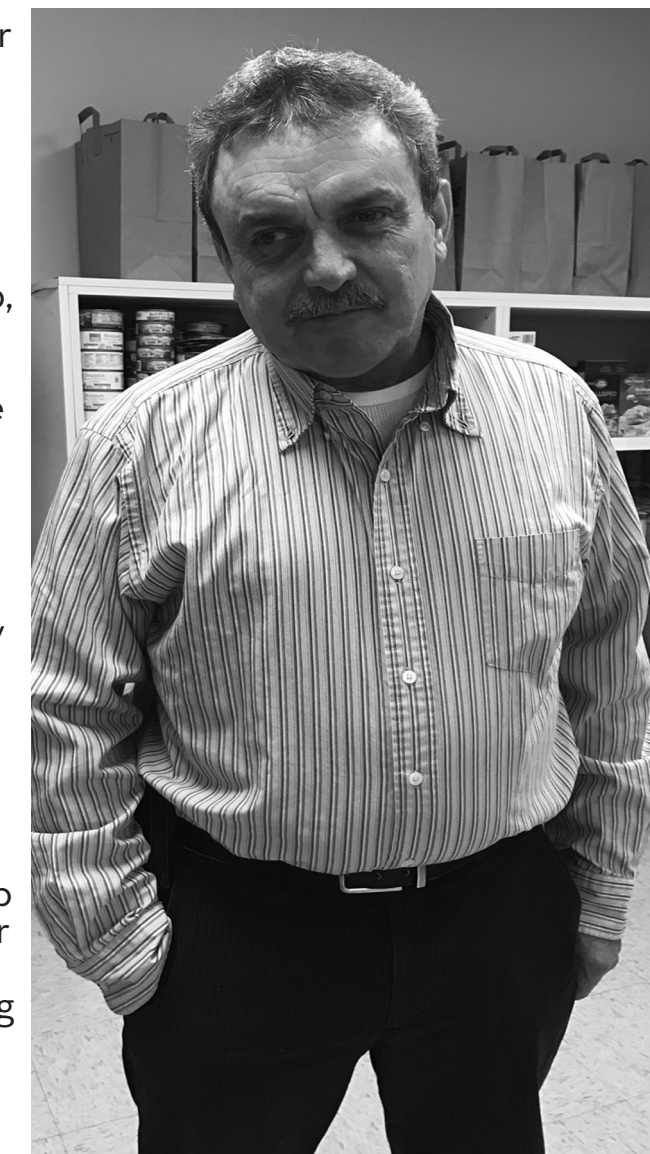
John Arthur found himself homeless after losing his job as a construction worker. While at the shelter, he was told by his supervisor about a possible job opportunity at Effingham Catholic Charities and it changed his life forever.

"They said they needed a guy to work in the warehouse and asked if I would like the job, so I got on my bike and went for the interview, I've been working here for three years now," said John Arthur. What started as a warehouse job has turned into so much more for Arthur. He assists with the ins and outs of the pantry helping unload trucks, restocking the shelves, even helping the pantry coordinator with shopping for items to put in the pantry.

"He has grown tremendously. He is a very dependable person, very self-motivated, and he keeps things in perfect order," said pantry coordinator, Sr. Sandra Sudkamp. "I honestly could not do this job as efficiently as I do now without John."

While John has grown in his job, he has also grown in his personal life. Thanks to his job at Effingham Catholic Charities, John no longer calls the shelter home. "I saved up enough money to get my own apartment, now I'm doing pretty good."

John continues to thrive outside of the shelter working four to five days a week and receiving food from the pantry from time to time.



John Arthur at Effingham Catholic Charities.

Rotary Donates Oranges

The Rotary Club of Springfield (Downtown) and the Springfield Sunrise Rotary Club offered the option, during their annual citrus sale, to purchase a box of oranges to be donated to Central Illinois Foodbank. It is the fourth year the Foodbank has received citrus donations from the Rotary clubs, and the donations keep increasing year after year. In the first year of citrus donations, 2,000 pounds of fresh citrus were donated; this year, over 6,800 pounds of fresh oranges found their way onto tables of those in need.



Rotary Members pose with the donated oranges.